



THE ST. LUKE SPIRIT

November 2015

Volume 3, Issue 11

LONG-TERM CARE TO BE FOCUS OF LEGISLATIVE FORUM

Identifying and articulating long-term healthcare priorities will be the attraction during an Iowa Health Care Association Legislative Forum, scheduled to be hosted the afternoon of November 18 at The Highlands. The gathering of regional Iowa Health Care Association members is designed to allow area healthcare professionals the opportunity to share their personal healthcare insights with the following invited lawmakers, and/or their representatives, prior to the 2016 legislative session.



Congressman Steve King



U.S. Senator Charles Grassley



U.S. Senator Joni Ernst



State Senator David Johnson



State Representative John Wills



State Representative Megan Jones

HOSPICE PUBLIC FORUM



Representatives of Gentiva Hospice, Hospice of Spencer Hospital, and St. Croix Hospice (from left) offered valuable information about end-of-life care at a public forum hosted October 6 at The Highlands.

Upcoming Resident & Tenant Activities:

- **Hymns & Hers performance**
November 3 at 2:30 p.m.
St. Luke Lutheran Home
- **Chili Supper**
November 3 at 5:30 p.m.
Spencer High School
- **Iowa Great Lakes Lutheran School students to perform**
November 4 at 1 p.m.
St. Luke Lutheran Home
- **Veterans Day program**
November 11 at 2:30 p.m.
St. Luke Lutheran Home
- **Travels with Amanda**
November 23 at 3 p.m.
St. Luke Lutheran Home
- **Hillside & Riverview Terrace spa day**
November 23 at 1 p.m.
Faust Institute of Cosmetology, Spirit Lake

More November 2015 activities are available online at www.stlukelh.com

WELCOME

Nancy Lewis

Nellie Meyer

Virginia Olson

Virginia Christensen

Luella Huckfelt

- BEST WISHES

Betty Brown

Lorraine Pullen

Dale Bredeson

Arlys Rost

- SYMPATHY

Barbara Brees

Irma Jobe

Marie Butler

- NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

• Brandi Kruse
St. Luke CNA

• Shelbi Nissen
St. Luke Dietary Aide

THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- Brenda Halverson, of Linn Grove, Walt & Paula Klein, Gary & Ann Holck, of Spencer, and Sue Juenemann, of Sanborn, Minnesota, donated pumpkins, gourds and Indian corn to use for decorating around the St. Luke Homes & Services campus.
- WalMart, of Spencer, donated a \$50 gift card toward the purchase of Halloween trick-or-treat candy.
- Alan Bush, of Fostoria, donated two boxes of pears for residents of St. Luke, tenants of Riverview & Hillside Terrace, and homeowners of The Highlands to enjoy.

CONTACT US

St. Luke Lutheran Home.....1301 St. Luke Drive, Spencer, Iowa.....(712) 262-5931

Riverview Terrace.....1501 St. Luke Drive, Spencer, Iowa.....(712) 262-5932

Hillside Terrace.....1209 12th Street SE, Spencer, Iowa.....(712) 262-5934

The Highlands.....1211 St. Luke Drive, Spencer, Iowa.....(712) 262-5404

NOVEMBER HOMEOWNER, TENANT & RESIDENT BIRTHDAYS

- 2 - Winona Loomis
- 5 - Gene Jacobsen
- 8 - Mary Killmar
- 8 - Freeman Knudtson
- 8 - Nancy Lewis
- 10 - Robert Guerttman
- 17 - Geraldine Rabel
- 20 - Fern McKinnon
- 21 - Teresa Kopel

- 22 - Dorothy Veitch
- 23 - James Darrah
- 25 - Helen Damstrom
- 27 - Helen "Connie" Peters
- 28 - Lela Anderson
- 29 - Doris DeBoer
- 29 - Edith Hansen
- 30 - Betty Pothast

Happy Birthday!

CELEBRATING OUR VETERANS

Join in honoring the many veterans who live and work on the St. Luke Homes & Services campus.

If you are a veteran, you and your loved ones are invited to celebrate your service to the country during a special ceremony scheduled to begin at 2:30 p.m. on Wednesday, November 11, at St. Luke Lutheran Home.

Members of the American Legion Glen Pederson Post 1, of Spencer, will take part in this special occasion, which will also feature a veteran pinning ceremony.

- Spencer Municipal Utilities will videotape the event. Replays begin Thursday at 7:30 p.m. on the Spencer Channel 3. It will also be featured on the St. Luke Homes & Services' Facebook page.



COMMUNITY CORNERSTONES

▪ **Bethany Lutheran Church**

15 West 14th Street, Spencer
(712) 262-2327
www.bethluthspencer.com

▪ **Bethlehem Lutheran Church**

207 Church Street, Royal
Rev. Deb Mechler
(712) 933-2229
royalbethlehemplutheran.com

▪ **Christ the King Lutheran Church**

500 Fourth Avenue SW, Spencer
Rev. David Zimmer
(712) 262-2244
www.ctkspencer.com

▪ **First English Lutheran Church**

1311 E. 18th Street, Spencer
Pastor Paul Kaldahl
(712) 262-5598
<http://spencer-church.com>

▪ **First Lutheran Church**

1525 Three Cross Road, Milford
Pastor Bob Vaage
(712) 338-4514
www.3cross.org

▪ **Grace Lutheran Church**

801 Hill Avenue, Spirit Lake
Rev. Dr. Martin Lucin
(712) 336-2446
www.gracelutheranspiritlake.org

▪ **Grace Lutheran Church**

380 N. Rerick Avenue, Primghar
(712) 957-4795

▪ **Hope Lutheran Church**

206 N. Washington Street, Everly
Pastor Dan Taylor
(712) 834-2767
www.hopeeverly.com

▪ **Immanuel Lutheran Church**

2300 27th Street, Spirit Lake
Rev. David Simonson
(712) 336-1010
lcmslakes.org

▪ **Immanuel Lutheran Church**

206 Terril Avenue, Terril
Pastor David Doellinger
(712) 853-6192
www.facebook.com/lcmsterril

▪ **St. Paul's Lutheran Church**

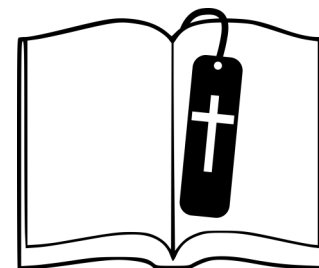
60 N. Central Avenue, Hartley
Pastor Chris Nitzel
(712) 728-2711
www.stpaulslutheranhartley.com/

▪ **Trinity Lutheran Church**

105 East High Street, Linn Grove
(712) 296-4438

▪ **Trinity Lutheran Church**

9th & 11th Avenue West, Spencer
Rev. C. Peter Maisenbach
(712) 262-1287
www.trinitylutheranchurchspencer.com



MESSIAH



Plan to attend
the 7 p.m. performance of Handel's "Messiah"
on Sunday, December 6, at
Sacred Heart Catholic Church in Spencer.

▪ *Performance sponsored by
St. Luke Homes & Services, Inc.*

THANKSGIVING EVE SERVICES

with Pastor John Syvertson
on Wednesday, November 25

St. Luke Lutheran Home.....10 a.m.
Riverview Terrace Assisted Living.....2 p.m.
Hillside Terrace Assisted Living.....3 p.m.

CANDLELIGHT SERVICE OF REMEMBRANCE

Monday, November 30 at 6:30 p.m.

First Congregational Church

1212 First Avenue West, Spencer

*Light a candle of love in celebration of the people
& the times that were important in our lives.*



St. Luke Homes & Services

- The Highlands
- Hillside Terrace
- Riverview Terrace
- St. Luke Lutheran Home

1301 St. Luke Drive
Spencer, Iowa 51301

Phone: (712) 262-5931
Fax: (712) 262-4743
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.



St. Luke Homes & Services, Inc.
"A Caring Community"



Governing Board

- Kaylan Abel
- Mark Nothwehr
- Frank Halverson
- Jerry Clausen
- Neal Drefke
- Jim Hitchcock
- Rev. Peter Maisenbach
- Rev. Deb Mechler
- Ron Muetzel

EMPLOYEE OF THE MONTH

Mary Sembach is a very pleasant and helpful professional.

Her upbeat personality and unwavering dedication are testaments to her love for her Certified Nursing Assistant (CNA) role at St. Luke Lutheran Home.

Mary's positive attitude and constant commitment to "doing the right thing" for the residents she cares for, and their families, tends to keep others she works with in a good mood.

"I am a 'people person,' so I love my job," said Mary, who first served as a full-time CNA at St. Luke from September 2002 until



Mary Sembach
St. Luke Lutheran Home
Certified Nursing Assistant

June 2011. She took a short break to work day-care, but returned to St. Luke as a CNA in November 2012.

"I value the one-on-one time I have with residents and I feel appreciated here," she added. "I also like the flexibility this posi-

tion affords me in my personal life."

Raised in Charter Oak, Mary was an award-winning high school athlete in basketball and softball. Her knowledge and love of sports, and competing in them, makes watching her children perform in a number of sporting events today all the more rewarding for the mother of two.

Mary and her husband, Shawn, a Mediacom maintenance technician, have two children: Brionna, 11, and Brock, 9. The Sembach family enjoys camping during the summer months. They served as hosts for several weeks this last summer at Scharnberg Park in Clay County.

TENANT OF THE MONTH

Josephine "Josie" Cromer has a heart for others.

Born near Langdon, Josie's mother died when she was 3. By the age of 9, Josie moved to an orphanage in Council Bluffs.

She immediately began learning how to crochet and started working at a nursing home in Odebolt. Josie worked in 14 different nursing homes around Iowa during her over 40-year career as a Certified Nursing Assistant. Crocheting beautiful items for others was a common practice during her breaks from work. The tradition continues today, with two of



Josephine "Josie" Cromer
Riverview Terrace tenant
since October 2011

Josie's special handiworks gracing the walls of the Riverview Terrace Chapel.

Josie taught herself to read and write with scripture.

On March 13, 1959, she married William Cromer. The couple moved to Spencer in 1977, and Josie was hired by St. Luke's former director of nursing, Querida Decker. During her 16-

year tenure as a CNA in Spencer, Josie took pleasure in spending time with her boss, the residents she cared for, and crocheting during breaks with fellow CNA Marcella Clark.

Away from work, the Cromers enjoyed eating out, traveling to visit relatives, and walking the city's streets. Josie, who moved to Riverview Terrace in October 2011, continues to walk between one and seven miles each day. The pedometer on her shoe measures Josie's daily steps taken.

"I have everything I need here," she said. "I like being able to visit with others and not being alone. I have all kinds of friends at Riverview Terrace."