

THE ST. LUKE SPIRIT



July 2014

Volume 2, Issue 7

Upcoming Resident and Tenant Activities:

- Liver and Onions night, July 1, at Cindy's Steak House in Spencer
- Rock the Roof, July 10, in Arnolds Park
- Bully Bullhead parade, 1:30 p.m. July 12, in Ruthven
- Men's Coffee with Officer Patrick Westfall and K-9 Mennox, 10 a.m. July 14, at Riverview Terrace
- Hands of Harmony Bell Choir to perform, 2:30 p.m. July 14, at St. Luke
- Hands of Harmony Bell Choir to perform, 2 p.m. July 20, at Southpark Mall
- Tall Corn Days parade, 10 a.m. July 26, in Sioux Rapids
- Fishing trip, 2:30 p.m. July 28, at Stolley Pond
- Okoboji Classic Car Museum tour, July 30, in West Okoboji
- **More July 2014 activities are available online at www.stlukelh.com**

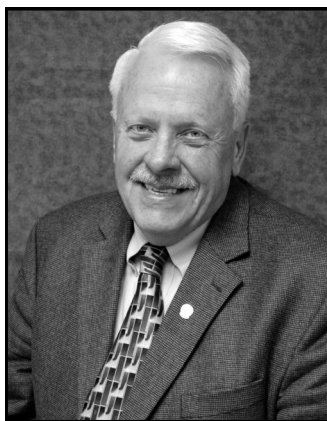
DECISIONS, DECISIONS

Each day, we make many, if not hundreds, of decisions. Some of these decisions are simple, such as: Do I want to eat the red or green apple? Other decisions demand serious contemplation, prayer and are life "game changers," such as: Do I ask my girlfriend to marry me? Each decision we make and act upon brings consequences. Again, some minor, some major.

We like to believe we choose wisely. However, often we do not. Deciding between two or more things we really like means we can be satisfied regardless of our choice.

Deciding between having to accomplish two things we do not like means, regardless of choice, we may be unhappy. Deciding between something we wish to do and something we do not entails a reflection on consequences.

Some individuals or groups, such as families, believe that by not dealing with a situation or making a decision the issue will disappear. Some believe that there is no decision that can be made in the first place and just let



Alan Campbell
CEO/Administrator
St. Luke Homes & Services

"nature take its course." Others defer decisions to others or to a different date or time. Deferring or not making a decision is, in essence, making a decision.

Homeowners currently living at The Highlands, those residing in Riverview and Hillside Terrace Assisting Living apartments, as well as residents at St. Luke are all here because of decisions that were made by the individuals themselves, by loved ones or a combination of the two. No one is getting younger. All will face becoming older and more limited in how to deal with life's physical and/or mental challenges. The decision that needs to be made, either for or with a loved one or for yourself then, is not that you will age, but what will you do when

you can no longer remember what pills to take, or who or how to call someone when you have fallen in your home? What happens if the individual who cares for you becomes ill and incapacitated themselves? What is "Plan B?" St. Luke Homes & Services, Inc. provides information necessary for you and/or a loved one to make sound decisions regarding your future housing options when living in your own home is no longer the best idea. Other organizations can provide an array of home care options. This situation may continue for a while. However, soon, it may become clinically or cost-prohibitive.

- Please feel free to contact Georgia Wrightsman, director of St. Luke Homes & Services' social services, if you would like some basic questions answered about housing and opportunities available. We would welcome the opportunity to arm you with enough information for you and/or your loved ones to make a truly informed decision about your care and housing options.

WELCOME

Vivian Rock

Linda Meyer

Connie Peters

Mardelle Stroup

Ann Hillmer

SYMPATHY

Lester Miller

Irving Merrill

Anice Eslick

NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes & Services, Inc. campus:

- Alicia Long
St. Luke CNA
- Emily Lamoureux
St. Luke CNA
- Elizabeth Feldmann
St. Luke CNA
- Lauren Steffens
St. Luke Homes & Services, Inc.
Activity Assistant
- Joan Cooke
St. Luke Laundry Aide
- Tracey Tewes
St. Luke R.N.
- Jessica Orthmann
Riverview Terrace
Personal Service
Assistant
- Emily Classon
St. Luke CNA

SERVING UP FUN AND FELLOWSHIP



Men from The Highlands, Hillside & Riverview Terrace, and St. Luke Lutheran Home gathered their friends and relatives together the evening of June 5, to enjoy grilled burgers with all the fresh fixings, baked beans, potato salad and ice cream sandwiches. Kevin Tlam and Minnie Pearl (aka Rhonda Wedeking, at right) provided laughs as they served up the evening's delightful entertainment. (Additional photographs and videos are available on the St. Luke Homes & Services, Inc. Facebook page.)

JULY EMPLOYEE ANNIVERSARIES

- | | |
|---------------------------------|------------------------------------|
| 2 - Nancy Noethe.....(10 years) | 20 - Charlie Rezabek.....(2 years) |
| 3 - Sarah Kladstrup.....(6) | 23 - Linda Kreibaum.....(13) |
| 3 - Kaylee Kourousis.....(2) | 24 - Justina Cherry.....(1) |
| 6 - Crystal Tifft.....(7) | 25 - Janna Sembach.....(9) |
| 11 - Kevin Tlam.....(3) | 26 - Kristi Kracht.....(4) |
| 13 - Kay Blake.....(5) | 27 - Jennifer Webster.....(3) |
| 20 - Dale Meyer.....(22) | 28 - Nancy Mills.....(11) |
| 15 - Patty Simpson.....(5) | 30 - Donna Koch.....(15) |
| 16 - Deb McGuire.....(4) | |

CONTACT THE CAMPUS RESIDENCES

► **The Highlands**, 1211 St. Luke Drive, Spencer, Iowa 51301
(712) 262-5404 www.stlukelh.com/highlands.html mavis.leinen@stlukelh.com

► **Hillside Terrace**, 1209 12th Street SE, Spencer, Iowa 51301
(712) 262-5934 www.stlukelh.com/hillside.html kerri.kofoot@stlukelh.com

► **Riverview Terrace**, 1501 St. Luke Drive, Spencer, Iowa 51301
(712) 262-5932 www.stlukelh.com/riverviewterrace.html kerri.kofoot@stlukelh.com

► **St. Luke Lutheran Home**, 1301 St. Luke Drive, Spencer, Iowa 51301
(712) 262-5931 www.stlukelh.com/stlukenursinghome.html stlukelh@stlukelh.com

THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to make St. Luke Homes & Services, Inc. an extension of the social ministries of area Christian congregations.

- St. Luke Auxiliary for donating \$250 for picture frames at St. Luke.
- Sharon Rutter, of Spencer, for donating \$50 to St. Luke, in memory of Rev. Paul Bussert.
- Roger Hanson, of Spencer, for donating \$10 to St. Luke, in memory of Flavius "Andy" Dodge.
- Shirley Davis, of Spencer, for donating \$100 to St. Luke Lutheran Home.
- St. Luke Auxiliary for donating \$250 for landscaping at St. Luke.

- Longhouse-Northshire, of Spencer, for donating \$40 to Riverview Terrace, following a presentation by the Hands of Harmony Bell Choir.
- Lana Dallman, of Dickens, for donating a reading machine, for use at the Riverview Terrace Assisted Living residence.
- Rita Storm, of Spencer, donated fresh rhubarb, which was used to make homemade rhubarb crisp for St. Luke Lutheran Home residents.

JULY CAMPUS RESIDENT BIRTHDAYS

- | | | |
|-----------------------|---------------------------|-------------------------|
| 1 - Lorene Hanson | 17 - Lucille Hansen | 27 - Rhoda Kaiser |
| 6 - Mildred Anderson | 17 - Betti Oldenkamp | 28 - Beulah Ahrenstorff |
| 6 - Leo "Joy" Smith | 18 - Francis "Bud" Fisher | 28 - Lois Knight |
| 7 - Judy Wilson | 18 - Ann Hillmer | 30 - Hazel Freeman |
| 9 - Warner Walrath | 20 - Ila Agler | |
| 10 - Arla Gould | 20 - Elizabeth Ries | |
| 11 - Richard Burgeson | 21 - Roseann Barger | |
| 12 - Arleen Crowe | 21 - Gary Eaton | |
| 13 - Robert Miller | 22 - Dolores Fitzpatrick | |



PLANTING THE ST. LUKE COURTYARDS



Laura Recher and Michael Anderson (at left) were among the St. Luke residents who celebrated spring by planting perennials and annuals in a St. Luke courtyard. For the sixth year in a row, Claire Christensen (at right) and Kennedy Runkle (not pictured) planted flowers in order to beautify another St. Luke Lutheran Home courtyard.

HANDS of HARMONY HAPPINESS



I love music, so it was an honor to be asked to be a Hands of Harmony Bell Choir member on campus - especially because I, unlike my children, grandchildren and great-grandchildren, am not musical. This is something I put on my calendar because I enjoy getting out with other people.

- Carol Albers

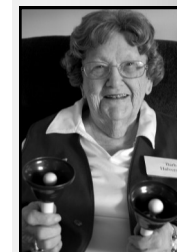
Hillside Terrace tenant



I've been a Bell Choir member at both Riverview Terrace and at St. Luke. I receive enjoyment from this. It gives me a little lift, both emotionally and spiritually.

- Freda Heuer

St. Luke resident



From what I hear, people really enjoy our music. I never dreamed

this would be as much fun as it is.

- Barbara Halverson

Riverview Terrace tenant

- St. Luke Homes & Services
- The Highlands
 - Hillside Terrace
 - Riverview Terrace
 - St. Luke Lutheran Home

1301 St. Luke Drive
Spencer, Iowa 51301

Phone: (712) 262-5931
Fax: (712) 262-4743
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.



St. Luke Homes and Services, Inc.
"A Caring Community"



Governing Board

John Jensen
Mark Nothwehr
Kaylan Abel
Neal Drefke
Frank Halverson
Don Helmkamp
Rev. Peter Maisenbach
Ron Muetzel
Denise Kramer Tolzmann

EMPLOYEE OF THE MONTH

Nursing, a profession for those committed to making a difference in the lives of others, is the perfect vocation for David Thiessen.

His sincere passion for people, and for helping them to the best of his ability, is what led the Spencer High School and Iowa Lakes Community College graduate to pursue and earn a nursing degree after realizing computer science was not his calling in life. David began his career as a licensed practical nurse (LPN) in October 2010 at St. Luke Lutheran Home.

Today, peers recognize David as being an "exceptional, pleasant, helpful and easy to work with"



David Thiessen
St. Luke Lutheran Home LPN

gentleman.

The residents he cares for appreciate, and are drawn to, his kind nature.

Outside of work, David enjoys spending time with his wife, Stephanie, an RN at Spencer Hospi-

tal, and their 18 month-old daughter, Maya. The Thiessen family is expecting the arrival of a second child in early September.

Prior to joining the dedicated staff of St. Luke Lutheran Home, David worked for 11 years at Wal-Mart. He helped to open the Spencer store in August 1999.

Just as time with his family is important to David, so is his faith. The Spencer Family Church member loves to sing and has been an active member of his church's worship team.

David's other passions include keeping up to date with current events, playing the acoustic guitar, watching science fiction and comedy movies, being challenged in his thinking, playing board games and cards, and working on the computer.

TENANT OF THE MONTH

A well-preserved ear of field corn and soybean pod grace the front door of F. Jared Fairchild's apartment at the Riverview Terrace Assisted Living residence.

The retired farmer is known for being hardworking, humble and reliable. His quiet, caring nature is also evident to others.

Born in November 1920, on a farm near Rembrandt, Jared was destined to become a literal "mover" who would eventually find his way back home.

His family moved from farms in Minnesota and South Dakota to Iowa and Illinois. Jared made friends easily everywhere they relocated.

In 1938, when the Fairchilds "returned" to a



F. Jared Fairchild
A Riverview Terrace
tenant since April 2009

farm near Sioux Rapids, Jared met Marjorie, his future wife, at church. The two married in June 1943.

During their 69 ½ years together, she served as a registered nurse in Spencer, Storm Lake and Sioux Rapids. Jared owned and operated a handful of Buena Vista

County farms hosting feeder cattle, farrow-to-finish hogs, corn and soybeans.

At First United Church, he served as a board member, an usher and a Sunday school teacher.

The Fairchilds wintered for over 30 years in Green Valley, Ariz. Together, in 2009, they moved to Riverview Terrace.

Jared is a Hands of Harmony Bell Choir member. He enjoys eating out and visiting with campus friends, attending Sunday morning chapel services and Thursday afternoon Bible studies, and participating in the annual Tall Corn Days parade.

Jared is proud of his family, including Larry and Gale Rittscher, of rural Sioux Rapids, Loren and Judy Jepsen, of Plymouth, Minn., two granddaughters and one great-granddaughter.